



OCTOBER | 2018

St. Rose of Lima School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Hoosier Favorites Monday Chicken Drumstick and Roll Mashed Potatoes/Gravy Green Beans Peaches Milk Entrée Option: Turkey Sub	2 Taco Tuesday Beef Soft Taco and Nachos Salsa/Toppings Bar Chili Style Beans South of the Border Fruit Milk Entrée Option: Taco Salad w/ Tortilla Chips	3 Around the World Wednesday Stuffed Crust Pizza w/ Marina Dipping Sauce Romaine Salad/Salad Bar Frozen Fruit Cup Entrée Option: Buffalo Chicken Wrap	4 Try It Thursday Chicken Patty Sandwich Seasoned Corn Relishes/Dip Fruit Entrée Option: Asian Chicken Salad	5 Meat Free Friday Penne Pasta w/ Marinara or Alfredo Sauce Bosco Breadstick Romaine Salad/Salad Bar Fruit and Milk Entrée Option: PBJ Uncrustable
8 Hoosier Favorites Monday Popcorn Chicken/Roll Potato Smiles Green Beans Fruit Milk Entrée Option: Turkey Club Wrap w/ WG Chips	9 Taco Tuesday Chicken Burrito Toppings Bar/Salsa Mexican Rice Refried Beans South of the Border Fruit Milk Entrée Option: Chef Salad	10 Around the World Wednesday Pasta w/ Italian Sausage Garlic Toast Romaine Salad/Salad Bar Fruit and Milk Entrée Option: Ham and Cheese Sub	11 Hispanic Heritage Lunch Fajita Chicken Stew Arepas (Corn Muffin) Charra Beans Tasty Taco Dip w/ Tortilla Chips Fruit & Milk No Entrée Option Today	12 Meat Free Friday Grilled Cheese Sandwich & Tomato Soup w/ Goldfish Relishes/Dip Fruit Milk Entrée Option: PBJ Uncrustable
15 Hoosier Favorites Monday Fall Break	16 Taco Tuesday Fall Break	17 Around the World Wednesday Fall Break	18 Try-it Thursday Fall Break	19 Meat Free Friday Fall Break
22 Hoosier Favorites Monday Spaghetti w/ Meat Sauce Garlic Toast Steamed Broccoli Sausage Link Romaine Salad/Salad Bar Fruit Milk Entrée Option: Turkey Club Wrap & WG Chips	23 Breakfast for Lunch French Toast Sticks Scrambled Eggs Sausage Link Hash Brow Patty Tomato 100% Fruit Juice Milk	24 Around the World Wednesday Asian Teriyaki Chicken Rice/ Naan Bread Stir Fry Veggies Mandarin Fruit Salad Entrée Option: Ham and Cheese Sub	25 Try-It Thursday Ham and Cheese/Pretzel Roll Seasoned Corn Calico Coleslaw Apple slices/Caramel Dip Milk Entrée Option: Southwest Chicken Salad	26 Fun Friday Boneless Wings w/ side of Mac and Cheese Relishes/Dip Baked Beans Fruit Milk Entrée Option: PBJ Uncrustable
29 Hoosier Favorites Monday Baked Potato w/ Toppings Fruit/Yogurt Bar Steamed Broccoli Milk Entrée Option: Turkey Sub	30 Taco Tuesday Beef Taco and Nachos Salsa/Toppings Bar Chili Style Beans South of the Border Fruit Milk Entrée Option: Taco Salad/Tortilla Chips	31 Happy Halloween! Stuffed Crust Pizza w/ Marinara Sauce Green Salad w/ Dressing Frozen Fruit Juice Milk Halloween Treat		

Food for Thought



October 22-26 is

National School Lunch Week!

There is lots to love in the St. Rose Cafeteria and the students will get to share what they love most about school meals.



To celebrate Hispanic culture, the October 11 menu will feature traditional Hispanic fare. Latin American cuisine includes rice, beans, and maize based dishes such as tamales and arepas (corn cakes), and a variety of salsas and sauces made with tomatoes, peppers, onion and garlic. Cumin, oregano and paprika are common seasonings. While the main ingredients are the same, the spices and varied peppers create meals with varied flavors. Comer con gusto!