



# DECEMBER | 2017

## St. Rose of Lima School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> <b>Meat-Free Friday</b> Mini Raviolis with Marinara Sauce and Bosco Breadstick Salad Bar Fruit Milk Entrée Option: PBJ Uncrustable
<b>4</b> <b>Hoosier Favorites Monday</b> Hearty Beef Stew Cornbread Salad Bar Vanilla Goldfish Grahams Fruit Milk Entrée Option: Turkey Sub w/ Relishes	<b>5</b> <b>Try It Tuesday</b> Asian Teriyaki Chicken w/ Rice Naan Flatbread Stir Fry Veggies w/ Broccoli Mandarin Fruit Salad Milk Entrée Option: Asian Chicken Salad	<b>6</b> <b>Little Italy Wednesday</b> Stuffed Crust Pizza Marinara Dipping Sauce Salad Bar Fruit Milk Entrée Option: Ham and Cheese Sub	<b>7</b> <b>Taco Thursday</b> Beef Taco and Nachos Salsa/Toppings Bar Chili Style Beans South of the Border Fruit Milk Entrée Option: Taco Salad	<b>8</b> <b>Meat-Free Friday</b> Grilled Cheese & Tomato Soup/Goldfish Relishes/Salad Bar Fruit Milk Entrée Option: PBJ Uncrustable
<b>11</b> Chicken Fingers and Roll Tator Tots Seasoned Green Beans Salad Bar Fruit and Milk Entrée Option: Turkey Club Wrap and SunChips	<b>12</b> Chicken Patty Sandwich Buttered Corn Relish Cup/Dip Apple Slices Milk Entrée Option: Southwest Chicken Salad	<b>13</b> Penne Pasta w/ Italian Sausage Garlic Toast Salad Bar Fruit Milk Entrée Option: Italian Sub	<b>14</b> Chicken Quesadilla Mexican Rice Black Beans South of the Border Fruit Milk Entrée Option Chef Salad	<b>15</b> Cheese Calzone Marinara Dipping Sauce Green Peas Salad Bar Fruit and Milk Entrée Option: PBJ Uncrustable
<b>18</b> Baked Potato and Roll Steamed Broccoli Fruit/Yogurt Parfait w/ Granola Milk Entrée Option: Turkey Sub a/ Relishes	<b>19</b> Hamburger on Bun Toppings Bar Potato Wedges Relishes/Dip Fruit Milk Entrée Option: Asian Chicken Salad	<b>20</b> Chicken Alfredo w/ Rotini Noodles Breadstick Glazed Carrots Salad Bar Fruit and Milk Entrée Option: Ham and Cheese Sub	<b>21</b> Santa's Surprise Lunch TBA	<b>22</b> School Christmas Break
<b>25</b> 	<b>26</b> Christmas Break	<b>27</b> Christmas Break	<b>28</b> Christmas Break	<b>29</b> Christmas Break

### Food for Thought

Christmas Break is the perfect time to engage your children in holiday grocery shopping, baking, and meal preparation while learning or practicing many life skills:

- Making grocery and "to do" lists.
- Following directions by using a recipe to make cookies or other holiday favorites.
- Calculating by doubling a recipe or figuring the cost of the ingredients.
- Measuring by using measuring cups and spoons.
- Using kitchen appliances and gadgets safely and last but not least,
- Cleaning up!

At the very least your children will learn to appreciate the time, money and energy that goes into holiday meal preparation. At best, you will foster memories that last a lifetime, keep the kids busy, and cross things off your own Christmas "to do" list!

Merry Christmas from your  
School Lunch Team!